



## Energy Wellness Package

### BREAKFAST

Egg White Frittata, Turkey Bacon, Tomato Salsa  
Seasonal Sliced Fruit  
Blueberry & Cranberry Breakfast Breads  
Assorted Energy Bars  
Warm Oatmeal with Chocolate Chip Swirl  
Fresh Juices: Orange, Grapefruit, Cranberry  
Karma Coffee & Specialty Teas

### LUNCH

Protein Lunch Buffet  
Black Bean & Couscous Salad with Corn, Lime  
Tuna Pasta Salad with Roasted Vegetables  
Tomato & Roasted Garlic Gazpacho  
Grilled Portobello Sandwich with Olive Tapenade  
Chilled Tilapia Sandwich with Blistered Tomato Salsa & Arugula  
Brie & Blue Cheese Plate with Honey  
Karma Coffee & Specialty Teas

### PM BREAK

Baked Whole Wheat Pita Chips with House Made Hummus  
Variety of Dried Fruits  
Mint Lemonade  
Orange infused Water

PRICE: \$85 per person

Contact: Kristin Alley, Director of Catering  
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**NINE ZERO**  
HOTEL